

Courage as A Leader

Our Vision at [The Leadership Foundation](http://www.theleadershipfoundation.com.au) is that every member gets to unleash their courage to lead in the moment and impact every facet of their lives.

What do we mean by “courage”?

The word “courage” has come through its Latin derivation, meaning “heart.” So, we want to help members get to the heart of who they are and what that means for them as leaders.

The heart was originally thought of as the seat of one’s feelings. Through the development of the English language “courage” has taken on meanings that encompass acting from the heart, stimulating and comforting self and others, being sincere and heartfelt, genuine, purposeful, spirited, lusty, vigorous, confident.

In other words, courage is expressing oneself through a quality of mindful awareness that shows itself in facing a situation even though you have some level of fear. Courage is the quality which stands between fear and love and allows whatever is causing fear, uncertainty and anxiety to be transformed into care.

Interestingly, “discord” comes from the same Latin root, so in any “discordant” situation good leaders draw “courage” so as to bring “concord” and “cordiality”, words which also come from the same root word “cor”. No room for Dutch Courage there!!

Courage doesn’t always mean large or significant action

Situations that call for courage occur in every facet of life. You might be a parent tackling a difficult situation with kids, a new team leader learning how to make your way, a professional seeking to build your impact in the world, an organisational leader confronting a dilemma, a “for cause” worker dealing with a values conflict, an author dealing with writer’s block (now, why did that idea come to mind??).



Courage as a leader doesn’t have to happen alone.

The TLF community is an expanding group of leaders from all aspects of society, scattered about in organisational hierarchies and are all at different stages along their own leadership journeys – but they all share one thing in common, the courage to not only ask the question ‘how can I do this better?’, but to action the possible solutions.

If you want to build your courage to lead in life, come to an event.

You’ll be welcomed cordially!

[http://www.theleadershipfoundation.com.au/](http://www.theleadershipfoundation.com.au) or call Ben Baldwin